

Health Psychology

1. To what extent do biological, cognitive and sociocultural factors influence health problems?
2. Evaluate psychological research (that is, theories and/or studies) relevant to health psychology.
3. Discuss ethical considerations.
4. Discuss the influence of dispositional factors and health beliefs on health-related behaviour.
5. With the use of suitable examples, discuss prevalence rates of one or more health problems and associated health risks.
6. Discuss the Biopsychosocial model of health problems
7. Discuss factors related to the development of health related problems and protective factors.
8. Discuss models and theories of health promotion.
9. Evaluate the effectiveness of health promotion programmes